

Estudio Propio: **MÁSTER EN INTERNACIONAL EN DERMATOLOGÍA ESTÉTICA**

Código Plan de Estudios: **EP14**

Año Académico: **2023-2024**

### ESTRUCTURA GENERAL DEL PLAN DE ESTUDIOS:

| CURSO                   | Obligatorios |                | Optativos |                | Prácticas Externas | Memoria/ Proyecto | Créditos  |
|-------------------------|--------------|----------------|-----------|----------------|--------------------|-------------------|-----------|
|                         | Créditos     | Nº Asignaturas | Créditos  | Nº Asignaturas | Créditos           | Créditos          |           |
| 1º                      | 40           | 13             |           |                |                    | 20                | 60        |
| 2º                      |              |                |           |                |                    |                   |           |
| 3º                      |              |                |           |                |                    |                   |           |
| <b>ECTS<br/>TOTALES</b> | <b>40</b>    | <b>13</b>      |           |                |                    | <b>20</b>         | <b>60</b> |

### PROGRAMA TEMÁTICO:

#### ASIGNATURAS OBLIGATORIAS

| Código Asignatura | Curso | Denominación                                     | Carácter OB/OP | Créditos |
|-------------------|-------|--|----------------|----------|
| 704272            | 1     | GESTIÓN Y COMUNICACIÓN EN LA EMPRESA             | OB             | 3        |
| 704273            | 1     | VALORACIÓN ESTÉTICA                              | OB             | 3        |
| 704276            | 1     | LÁSERES Y OTROS DISPOSITIVOS                     | OB             | 4        |
| 704277            | 1     | TOXINA BOTULÍNICA                                | OB             | 3        |
| 704279            | 1     | DERMATOLOGÍA BIOLÓGICA                           | OB             | 3        |
| 704280            | 1     | CIRUGÍA  | OB             | 3        |
| 704281            | 1     | TRICOLOGÍA                                       | OB             | 3        |
| 704282            | 1     | FLEBOLOGÍA                                       | OB             | 3        |
| 704284            | 1     | PATOLOGÍAS EN DERMATOLOGÍA ESTÉTICA              | OB             | 3        |
| 706178            | 1     | PEELING, TERAPIAS TÓPICAS Y EMBELLECIMIENTO      | OB             | 3        |
| 706179            | 1     | RELLENOS DE ÁCIDO HIALURÓNICO Y OTROS MATERIALES | OB             | 3        |
| 706180            | 1     | TÉCNICAS DE IMAGEN                               | OB             | 3        |
| 706181            | 1     | TÉCNICAS DE MODELADO CORPORAL                    | OB             | 3        |

#### MEMORIA /PROYECTO/TRABAJO FIN DE MÁSTER

| Código Asignatura | Curso | Denominación          | Carácter OB/OP | Créditos |
|-------------------|-------|-----------------------|----------------|----------|
| 705778            | 1     | TRABAJO FIN DE MÁSTER | OB             | 20       |

Carácter: OB - Obligatoria; OP – Optativa

## GUÍA DOCENTE

|                                 |  |                |
|---------------------------------|--|----------------|
| Año académico                   | 2023-2024  |                |
| Estudio                         | Máster Internacional en Dermatología Estética (EP14) |                |
| Nombre de la asignatura         | GESTIÓN Y COMUNICACIÓN EN LA EMPRESA                 |                |
| Carácter (Obligatoria/Optativa) | OB   |                |
| Créditos (1 ECTS=25 horas)      | 3  |                |
| Modalidad (elegir una opción)   |  | Presencial     |
|                                 | x  | Semipresencial |
|                                 |  | On-line        |
|                                 |  | A distancia    |
| Profesor responsable            | Rosa del Río   |                |
| Idioma en el que se imparte     | Español  |                |

### PROFESORES IMPLICADOS EN LA DOCENCIA

- María Rosa Olona
- Carlos Mateos
- Covadonga Fernández
- Rosa Taberner
- Tania Menéndez
- Sergio Vañó
- Lara Jaén
- María Cudeiro
- Lluís Vives.

### DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

|  |    |
|--|----|
| Número de horas presenciales/on-line asistencia profesor | 30 |
| Número de horas de trabajo personal del estudiante       | 45 |
| Total horas  | 75 |

### CONTENIDOS (Temario)

#### COMUNICACIÓN

- La importancia de la comunicación en general y en el ámbito de la dermatología en particular.
- Reputación digital.
- Comunicación online y redes sociales.
- Blogs y creación de contenido. Posicionamiento SEO.
- Retos de la comunicación: la mHealth.
- Apps útiles para el dermatólogo.

#### GESTIÓN DE LA CONSULTA PRIVADA

- Liderazgo y dirección para clínicas dermatológicas

**COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)**

- Conocer la importancia de la comunicación dentro del ámbito de la dermatología, utilizando todas las herramientas disponibles, para alcanzar a tus públicos objetivos.
- Poner en práctica el desarrollo de un plan de comunicación externa de la clínica.
- Actualizar conocimientos sobre aplicaciones y redes sociales disponibles para comunicarse con los pacientes.
- Conocer los puntos clave de un liderazgo efectivo

**EVALUACIÓN**

Examen tipo test.

**BIBLIOGRAFÍA**

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- mHealth Economics: How mHealth app publishers are monetizing their apps, Research2Guidance, 2018. Ver en: <https://research2guidance.com/product/mhealth-economics-how-mhealth-app-publishers-are-monetizing-their-apps/>
- mHealth Economics: How mHealth app publishers are monetizing their apps, Research2Guidance, 2018. Ver en: <https://research2guidance.com/product/mhealth-economics-how-mhealth-app-publishers-are-monetizing-their-apps/>
- mHealth Economics 2017: Current status and future trends in mobile health, 2017. Ver en: <https://research2guidance.com/product/mhealth-economics-how-mhealth-app-publishers-are-monetizing-their-apps/>
- Partnerships in digital health: Breaking points and success factors, Research2Guidance, 2019. Ver en: <https://research2guidance.com/product/partnerships-in-digital-health-breaking-points-and-success-factors/>
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- Blogs y creación de contenido. Posicionamiento SEO. Rosa Taberner
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- Estudio [El paciente digital 2018](#) elaborado por Doctoralia. Accedido 1 julio 2020.
- [Decálogo de prácticas recomendadas para promover la divulgación de información veraz con tecnología](#), elaborado por #SaldusinBulos. Accedido 1 julio 2020.

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- Libro [El hospital del Futuro](#), editado en 2019 por la Sociedad Española de Medicina Interna (SEMI) . Accedido 1 julio 2020.

## GUÍA DOCENTE

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| Año académico                   | 2023-2024  |                |
| Estudio                         | Máster Internacional en Dermatología Estética (EP14) |                |
| Nombre de la asignatura         | VALORACIÓN ESTÉTICA                                  |                |
| Carácter (Obligatoria/Optativa) | OB   |                |
| Créditos (1 ECTS=25 horas)      | 3  |                |
| Modalidad (elegir una opción)   |  | Presencial     |
|                                 |  | Semipresencial |
|                                 | X  | On-line        |
|                                 |  | A distancia    |
| Profesor responsable            | M <sup>a</sup> Teresa Truchuelo Díez                 |                |
| Idioma en el que se imparte     | Español  |                |

### PROFESORES IMPLICADOS EN LA DOCENCIA

- M<sup>a</sup> Teresa Truchuelo
- Pedro Jaén
- Carlos Morales

### DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

|  |    |
|--|----|
| Número de horas presenciales/on-line asistencia profesor | 30 |
| Número de horas de trabajo personal del estudiante       | 45 |
| Total horas  | 75 |

### CONTENIDOS (Temario)

#### VALORACIÓN ESTÉTICA

- Concepto de belleza y proporciones estéticas.
- Proceso de envejecimiento.
- Teorías moleculares del envejecimiento
- Métodos diagnósticos de envejecimiento.
- Aproximación al abordaje terapéutico.
- Generalidades. Características de la piel.
- Análisis de casos. Conceptos generales.
- Estética masculina
- Valoración estética corporal: Clase teórico-práctica

### COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

- Asimilar elementos influyentes en la determinación de la belleza y los cambios que sufren a lo largo del tiempo.
- Identificar los diferentes procesos de envejecimiento y la tipología cutánea.
- Identificar instrumentos específicos para realizar el abordaje terapéutico.

**EVALUACIÓN**

Examen tipo test

**BIBLIOGRAFÍA**

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## GUÍA DOCENTE

|                                 |  |                |
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| Año académico                   | 2023-2024  |                |
| Estudio                         | Máster Internacional en Dermatología Estética (EP14) |                |
| Nombre de la asignatura         | LÁSERES Y OTROS DISPOSITIVOS                         |                |
| Carácter (Obligatoria/Optativa) | OB   |                |
| Créditos (1 ECTS=25 horas)      | 4  |                |
| Modalidad (elegir una opción)   |  | Presencial     |
|                                 | x  | Semipresencial |
|                                 |  | On-line        |
|                                 |  | A distancia    |
| Profesor responsable            | Natalia Jiménez Gómez                                |                |
| Idioma en el que se imparte     | Español  |                |

### PROFESORES IMPLICADOS EN LA DOCENCIA

- Juan Pablo Boixeda
- Bibiana Pérez
- Adrián Alegre
- Natalia Jiménez
- Didac Baro

### DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

|  |     |
|--|-----|
| Número de horas presenciales/on-line asistencia profesor | 40  |
| Número de horas de trabajo personal del estudiante       | 60  |
| Total horas  | 100 |

### CONTENIDOS (Temario)

#### LÁSERES Y OTROS DISPOSITIVOS

- Aspectos teóricos y prácticos del láser, luz pulsada y radiofrecuencia.
- Telangiectasias, cuperosis, rosácea y poiquilodermia
- Láser vascular en hemangiomas y malformaciones capilares.
- Láser vascular en malformaciones venosas.
- Otras aplicaciones del láser vascular.
- Perspectivas de futuro.
- Láser en lesiones pigmentadas.
- Depilación con láser y fuentes de luz. Perspectiva del dermatólogo.
- Tratamiento del acné con láser y fuentes de luz.
- Láser y radiofrecuencia en rejuvenecimiento y remodelado del colágeno.
- Luz pulsada en dermatología estética.
- Tratamiento no invasivo de la grasa localizada.
- Láser de picosegundos.
- Tensado facial.
- Cicatrices acné.

- Estrías.
- Láser Resurfacing.
- Vehiculización de fármacos asistida por láser.
- Complicaciones

#### COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

- Asimilar procesos teóricos y prácticos del láser junto con luz pulsada y radiofrecuencia.
- Conocer el tratamiento de telangiectasias, cuperoris, rosácea y poiquilodermia mediante láser y luz pulsada.
- Conocer el mecanismo de acción del láser en las diferentes patologías médico-estéticas.
- Asimilar y conocer los cambios producidos a lo largo del tiempo, abarcando la telemedicina y los cambios genéticos.
- Conocer las complicaciones que pueden surgir a partir del tratamiento con el láser, y las recomendaciones a seguir para un uso correcto.

#### EVALUACIÓN

Examen tipo test

#### BIBLIOGRAFÍA

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## GUÍA DOCENTE

|                                 |  |                |
|---------------------------------|--|----------------|
| Año académico                   | 2023-2024  |                |
| Estudio                         | Máster Internacional en Dermatología Estética (EP14) |                |
| Nombre de la asignatura         | TOXINA BOTULÍNICA                                    |                |
| Carácter (Obligatoria/Optativa) | OB   |                |
| Créditos (1 ECTS=25 horas)      | 3  |                |
| Modalidad (elegir una opción)   |  | Presencial     |
|                                 | x  | Semipresencial |
|                                 |  | On-line        |
|                                 |  | A distancia    |
| Profesor responsable            | Pedro Jaén Olasolo                                   |                |
| Idioma en el que se imparte     | Español  |                |

### PROFESORES IMPLICADOS EN LA DOCENCIA

- Pedro Jaén
- Cristina García Millán
- Oscar Muñoz
- Belén Alonso
- Carlos Morales
- Cristina Pindado
- Manuel Fernández
- Rosa del Río

### DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

|  |    |
|--|----|
| Número de horas presenciales/on-line asistencia profesor | 30 |
| Número de horas de trabajo personal del estudiante       | 45 |
| Total horas  | 75 |

### CONTENIDOS (Temario)

#### TOXINA BOTULÍNICA

- Preparación del producto, seguridad, efectividad y efectos secundarios generales.
- Anatomía funcional, técnicas básicas y avanzadas de infiltración.
- Técnicas de infiltración. *Análisis de casos.*
- Hiperhidrosis y toxina botulínica.
- Parálisis facial.
- Nuevas toxinas
- Complicaciones

### COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

- Conocer el proceso de preparación del producto calculando las medidas necesarias y saber realizar la equivalencia entre las distintas marcas comerciales.

- Asimilar efectos secundarios producidos por la toxina botulínica.
- Conocer las técnicas de infiltración precisas para llevarlo a cabo en la práctica clínica diaria.
- Tratar la hiperhidrosis y parálisis facial mediante toxina botulínica.

## EVALUACIÓN

Examen tipo test

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## GUÍA DOCENTE

|                                 |  |                |
|---------------------------------|--|----------------|
| Año académico                   | 2023-2024  |                |
| Estudio                         | Máster Internacional en Dermatología Estética (EP14) |                |
| Nombre de la asignatura         | DERMATOLOGÍA BIOLÓGICA                               |                |
| Carácter (Obligatoria/Optativa) | OB   |                |
| Créditos (1 ECTS=25 horas)      | 3  |                |
| Modalidad (elegir una opción)   |  | Presencial     |
|                                 |  | Semipresencial |
|                                 | x  | On-line        |
|                                 |  | A distancia    |
| Profesor responsable            | Natalia Jiménez Gómez                                |                |
| Idioma en el que se imparte     | Español  |                |

### PROFESORES IMPLICADOS EN LA DOCENCIA

- Blanca Díaz Ley
- Jesús Espada
- Salvador Arias
- Natalia Jiménez
- Luis Ladín
- Elena Conde
- Beatriz Aranegui

### DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

|  |    |
|--|----|
| Número de horas presenciales/on-line asistencia profesor | 30 |
| Número de horas de trabajo personal del estudiante       | 45 |
| Total horas  | 75 |

### CONTENIDOS (Temario)

#### DERMATOLOGÍA BIOLÓGICA

- Introducción al Módulo.
- Células troncales de la piel en Medicina Regenerativa.
- Células troncales y sus aplicaciones en Dermatología Estética.
- Ingeniería Tisular. Avances en dermatología.
- Aplicaciones en dermatología del plasma rico en plaquetas en gel.
- Células madre adipocitarias.
- Terapias biológicas, factores de crecimiento y otros en el tratamiento de úlceras.
- La dermatología es y debe ser ciencia.

### COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

- Conocer el uso de células madre en dermatología estética.
- Asimilar biología de las células troncales de la piel y el folículo piloso, junto con las potenciales

aplicaciones clínicas y cosméticas de los tipos celulares en la regeneración folicular.

-Conocer la ingeniería tisular como técnica regenerativa junto con sus avances clínicos.

-Reconocer las terapias biológicas y los factores de crecimiento en el tratamiento de úlceras.

## EVALUACIÓN

Examen tipo test

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## GUÍA DOCENTE

|                                 |  |                |
|---------------------------------|--|----------------|
| Año académico                   | 2023-2024  |                |
| Estudio                         | Máster Internacional en Dermatología Estética (EP14) |                |
| Nombre de la asignatura         | CIRUGÍA  |                |
| Carácter (Obligatoria/Optativa) | OB   |                |
| Créditos (1 ECTS=25 horas)      | 3  |                |
| Modalidad (elegir una opción)   |  | Presencial     |
|                                 |  | Semipresencial |
|                                 | x  | On-line        |
|                                 |  | A distancia    |
| Profesor responsable            | Cristina García Millán                               |                |
| Idioma en el que se imparte     | Español  |                |

### PROFESORES IMPLICADOS EN LA DOCENCIA

- Yolanda Delgado
- Luis Ríos
- Sonia Bea
- Rita Rodrigues
- Gonzalo Segurado
- Andreas Overbeck
- Adrián Alegre
- Marcos Sales
- Juan Peñas
- Luis Landín
- Manuel Rodríguez Vegas
- Javier García

### DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

|  |    |
|--|----|
| Número de horas presenciales/on-line asistencia profesor | 30 |
| Número de horas de trabajo personal del estudiante       | 45 |
| Total horas  | 75 |

### CONTENIDOS (Temario)

#### CIRUGÍA

- Consideraciones estéticas en las técnicas básicas de cirugía dermatológica. Unidades cosméticas de la cara. Proceso de cicatrización.
- Aspectos básicos de la cirugía para una buena cicatrización.
- Ayudas a la correcta cirugía. Orientación y colocación de cicatrices.
- Cirugía de Mohs.
- Cicatrices patológicas: nuevos abordajes.
- Cirugía del tercio inferior
- Blefaroplastia y otras cirugías de la región ocular.

- Rinoplastia y otoplastia.
- Lifting.
- Abdominoplastia.
- Injertos grasos.
- Cirugía del pigmento. Aspectos generales.
- Cirugía del pigmento. Casos clínicos
- Liposucción asistida por láser
- Cirugía de uñas.

#### COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

- Conocer los distintos tipos de cirugía dermatológica que existen.
- Aprender tipología de cirugía estética para poder derivar al paciente al tratamiento más adecuado en función de sus características y expectativas.
- Asimilar las consideraciones a tener en cuenta a la hora de realizar una técnica quirúrgica.

#### EVALUACIÓN

Examen tipo test

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## GUÍA DOCENTE

|                                 |  |                |
|---------------------------------|--|----------------|
| Año académico                   | 2023-2024  |                |
| Estudio                         | Máster Internacional en Dermatología Estética (EP14) |                |
| Nombre de la asignatura         | TRICOLOGÍA   |                |
| Carácter (Obligatoria/Optativa) | OB   |                |
| Créditos (1 ECTS=25 horas)      | 3  |                |
| Modalidad (elegir una opción)   |  | Presencial     |
|                                 |  | Semipresencial |
|                                 | x  | On-line        |
|                                 |  |                |
| Profesor responsable            | Sergio Vañó Galván                                   |                |
| Idioma en el que se imparte     | Español  |                |

### PROFESORES IMPLICADOS EN LA DOCENCIA

- Cristina Serrano
- David Saceda
- Sergio Vañó
- Ramón Grimalt
- Joan Ferrando
- Rita Rodrigues
- Jose Carlos Moreno
- Oscar Muñoz
- Claudia Bernardez
- Francisco Camacho
- Gloria Garnacho
- Alex Camps
- Rocío Gil
- Pablo Fernández Crehuet

### DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

|  |    |
|--|----|
| Número de horas presenciales/on-line asistencia profesor | 30 |
| Número de horas de trabajo personal del estudiante       | 45 |
| Total horas  | 75 |

### CONTENIDOS (Temario)

#### TRICOLOGÍA

- Diagnóstico de las alopecias.
- Tricoscopia.
- Alopecia androgénica.
- Alopecias en la infancia.
- Displasias pilosas.
- Alopecia areata.

- Efluvios telogénicos y anagénicos.
- Alopecias cicatriciales primarias linfocíticas.
- Alopecias cicatriciales neutrofilicas.
- Algoritmos terapéuticos en alopecias cicatriciales
- Hipertrichosis e hirsutismo.
- Novedades en tricología
- Técnicas y procedimientos semi invasivos en tricología
- Trasplante capilar.
- Tratamientos cosméticos en tricología

#### COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

- Saber diagnosticar los diferentes tipos de alopecia.
- Aprender a realizar una correcta exploración en tricología, anamnesis, toma de fotografías y tricoscopia.
- Conocer patologías del cuero cabelludo más frecuentes dadas en el ámbito de tricología.
- Asimilar tratamientos cosméticos en tricología, así como los tratamientos semi invasivos y trasplantes capilares.

#### EVALUACIÓN

Examen tipo test

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- Vañó-Galván S, Molina-Ruiz AM, Fernández-Crehuet P, Rodrigues-Barata AR, Arias-Santiago S, Serrano-Falcón C, et al. Folliculitis decalvans: A multicentre review of 82 patients. *J Eur. Acad Dermatol Venereol*. 2015;29:1750---7
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- Gho CG, Neumann HAM. Advances in hair transplantation: Longitudinal partial follicular unit transplantation. *Curr Probl Dermatol.* 2015;47:150---7
- Vañó-Galván S, Camacho F. Novedades terapéuticas en tricología. *Actas Dermosifiliogr.* 2016.

## GUÍA DOCENTE

|                                 |  |                |
|---------------------------------|--|----------------|
| Año académico                   | 2023-2024  |                |
| Estudio                         | Máster Internacional en Dermatología Estética (EP14) |                |
| Nombre de la asignatura         | FLEBOLOGÍA   |                |
| Carácter (Obligatoria/Optativa) | OB   |                |
| Créditos (1 ECTS=25 horas)      | 3  |                |
| Modalidad (elegir una opción)   |  | Presencial     |
|                                 | x  | Semipresencial |
|                                 |  | On-line        |
|                                 |  | A distancia    |
| Profesor responsable            | Rosa del Río Reyes                                   |                |
| Idioma en el que se imparte     | Español  |                |

### PROFESORES IMPLICADOS EN LA DOCENCIA

- Luis Riera

### DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

|  |    |
|--|----|
| Número de horas presenciales/on-line asistencia profesor | 30 |
| Número de horas de trabajo personal del estudiante       | 45 |
| Total horas  | 75 |

### CONTENIDOS (Temario)

#### FLEBOLOGÍA

- Introducción y principios de la Flebología.
- Tratamiento quirúrgico.
- Complicaciones IVC.
- Telangiectasias.
- Preguntas frecuentes.

### COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

- Asimilar fisiopatología y conocer tratamientos de las varices y varículas de las piernas.
- Saber realizar un tratamiento quirúrgico de manera globalizada.
- Conocer las complicaciones que puedan existir en los casos más avanzados.
- Afrontar el tratamiento estético de las varices.
- Dar respuesta a las preguntas más frecuentes realizadas en consulta.

### EVALUACIÓN

Examen tipo test

**BIBLIOGRAFÍA**

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**GUÍA DOCENTE**

|                                 |  |                |
|---------------------------------|--|----------------|
| Año académico                   | 2023-2024  |                |
| Estudio                         | Máster Internacional en Dermatología Estética (EP14) |                |
| Nombre de la asignatura         | PATOLOGÍAS EN DERMATOLOGÍA ESTÉTICA                  |                |
| Carácter (Obligatoria/Optativa) | OB   |                |
| Créditos (1 ECTS=25 horas)      | 3  |                |
| Modalidad (elegir una opción)   |  | Presencial     |
|                                 | x  | Semipresencial |
|                                 |  | On-line        |
|                                 |  | A distancia    |
| Profesor responsable            | Cristina García Millán                               |                |
| Idioma en el que se imparte     | Español  |                |

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- Salvio Serrano
- Mayte Truchuelo
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- Antonio Clemente
- Pedro Jaén
- Pablo Lázaro
- Cristina García Millán

**DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)**

|  |    |
|--|----|
| Número de horas presenciales/on-line asistencia profesor | 30 |
| Número de horas de trabajo personal del estudiante       | 45 |
| Total horas  | 75 |

**CONTENIDOS (Temario)**

**PATOLOGÍAS EN DERMATOLOGÍA ESTÉTICA**

- Introducción.
- Acné.
- Rosácea.
- Melasma.
- Léntigos solares.
- Vitíligo.
- Onicología.
- Terapia fotodinámica. Teoría y práctica.

### COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

- Conocer los tratamientos existentes según las diversas patologías en dermatología.
- Asimilar la importancia de la influencia en la vida personal y saber responder conforme a las necesidades del paciente.
- Incidir en la mejora del autoconcepto del paciente para fomentar su autoestima.
- Diferenciar rasgos dermatología/cirugía estética y dermatología /cirugía dermatológica.
- Importancia de la fotografía como parte del tratamiento.

### EVALUACIÓN

Examen tipo test

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## GUÍA DOCENTE

|                                 |  |                |
|---------------------------------|--|----------------|
| Año académico                   | 2023-2024  |                |
| Estudio                         | Máster Internacional en Dermatología Estética (EP14) |                |
| Nombre de la asignatura         | PEELING, TERAPIAS TÓPICAS Y EMBELLECIMIENTO          |                |
| Carácter (Obligatoria/Optativa) | OB   |                |
| Créditos (1 ECTS=25 horas)      | 3  |                |
| Modalidad (elegir una opción)   |  | Presencial     |
|                                 | X  | Semipresencial |
|                                 |  | On-line        |
|                                 |  | A distancia    |
| Profesor responsable            | M <sup>a</sup> Teresa Truchuelo Díez                 |                |
| Idioma en el que se imparte     | Español  |                |

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 Mencia e Garcillán  
 Mayte Embid  
 Azucena Marzo  
 Olga Saceda

### DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

|  |    |
|--|----|
| Número de horas presenciales/on-line asistencia profesor | 30 |
| Número de horas de trabajo personal del estudiante       | 45 |
| Total horas  | 75 |

### CONTENIDOS (Temario)

#### PEELING

- Peeling Generalidades.
- Peeling. Aspectos prácticos generales.
- Peeling tricloroacético.

#### TERAPIA TÓPICA

- Formulación Magistral I.

- Formulación Magistral II.
- Evaluación de la eficacia y seguridad de los productos cosméticos.
- Efectos secundarios cosméticos.
- Principales tendencias del marketing en el sector cosmético.
- Activos en Dermatología cosmética y protocolos acerca de su uso. Casos prácticos

#### EMBELLECIMIENTO

- Maquillaje corrector.
- Cosméticos ungueales.
- Cosméticos capilares.
- Dermopigmentación, micropigmentación y tatuaje.
- Cuidados dermatológicos oncológicos.

#### COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

- Conocer los aspectos prácticos y generalidades del peeling.
- Identificar las principales tendencias del marketing en el sector cosmético.
- Realizar la prescripción o receta de manera adecuada y conocer la legislación vigente en España.
- Trabajar con los diferentes tipos de cosméticos según la necesidad del paciente.
- Conocer los beneficios estéticos del maquillaje corrector, así como en la dermopigmentación, micropigmentación y tatuaje, a fin de poder recomendar al paciente su uso.

#### EVALUACIÓN

Examen tipo test

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**GUÍA DOCENTE**

|                                 |  |                |
|---------------------------------|--|----------------|
| Año académico                   | 2023-2024  |                |
| Estudio                         | Máster Internacional en Dermatología Estética (EP14) |                |
| Nombre de la asignatura         | RELLENOS DE ÁCIDO HIALURÓNICO Y OTROS MATERIALES     |                |
| Carácter (Obligatoria/Optativa) | OB   |                |
| Créditos (1 ECTS=25 horas)      | 3  |                |
| Modalidad (elegir una opción)   |  | Presencial     |
|                                 | x  | Semipresencial |
|                                 |  | On-line        |
|                                 |  | A distancia    |
| Profesor responsable            | Rosa del Río Reyes                                   |                |
| Idioma en el que se imparte     | Español  |                |

**PROFESORES IMPLICADOS EN LA DOCENCIA**

- Jaime Company
- María Marcos
- Fernando García
- Cristina García Millán
- Rosa del Río
- Antonio Clemente
- Juan Sopena
- Elia Roó
- Luis Ríos

**DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)**

|  |    |
|--|----|
| Número de horas presenciales/on-line asistencia profesor | 30 |
| Número de horas de trabajo personal del estudiante       | 45 |
| Total horas  | 75 |

**CONTENIDOS (Temario)**

**RELLENOS DE ÁCIDO HIALURÓNICO Y OTROS MATERIALES**

- Anatomía facial.
- Materiales de relleno.
- Anestesia y analgesia facial.
- Mesoterapia para rejuvenecimiento de la piel.
- Implantes labios.
- Novedades en rellenos.
- Efectos indeseables de los rellenos.
- Hilos tensores de polidioxanona
- Suturas de tensado profundo
- Casos clínicos.
- Implantes en dermatología estética desde una visión tridimensional.
- Láser ATOM

- SMAS

#### COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

- Conocer la anatomía facial para realizar las técnicas de infiltración adecuadamente.
- Identificar diferentes materiales de relleno para cada caso clínico.
- Trabajar la anestesia y analgesia facial.
- Conocer las complicaciones existentes de los materiales de relleno.

#### EVALUACIÓN

Examen tipo test

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## GUÍA DOCENTE

|                                 |  |                |
|---------------------------------|--|----------------|
| Año académico                   | 2023-2024  |                |
| Estudio                         | Máster Internacional en Dermatología Estética (EP14) |                |
| Nombre de la asignatura         | TÉCNICAS DE IMAGEN                                   |                |
| Carácter (Obligatoria/Optativa) | OB   |                |
| Créditos (1 ECTS=25 horas)      | 3  |                |
| Modalidad (elegir una opción)   |  | Presencial     |
|                                 | x  | Semipresencial |
|                                 |  | On-line        |
|                                 |  | A distancia    |
| Profesor responsable            | Cristina García-Millán                               |                |
| Idioma en el que se imparte     | Español  |                |

### DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

|  |    |
|--|----|
| Número de horas presenciales/on-line asistencia profesor | 30 |
| Número de horas de trabajo personal del estudiante       | 45 |
| Total horas  | 75 |

### PROFESORES IMPLICADOS EN LA DOCENCIA

- Mónica González
- Cristina García Millán
- Salvador González
- Rosa Taberner
- David Saceda
- Gonzalo Segurado
- Antonio Harto
- Jose Luis García
- José Salto

### CONTENIDOS (Temario)

#### TÉCNICAS DE IMAGEN I

- Física de la ecografía.
- Ecografía dermatológica básica.
- Valoración ecográfica de implantes y sustancias de relleno.
- Microscopía confocal en dermocosmética.

#### TÉCNICAS DE IMAGEN II

- Aspectos legales en fotografía médica.
- Archivo de las fotografías digitales.
- Fotofinder y Vectra 3D.
- Fotografía. Aplicaciones en dermatología.
- Fotografía aplicada a la práctica clínica.
- Edición de fotografías.
- Edición de video digital.



**COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)**

- Asimilar conocimientos de los principios físicos de la ecografía.
- Realizar una valoración ecográfica de los implantes y las sustancias de relleno.
- Conocer el funcionamiento de la microscopía confocal en dermatocsmética.
- Trabajar con fotografía aplicada a la práctica clínica diaria y conocer los aspectos legales de su uso junto con los programas de edición correspondientes.

**EVALUACIÓN**

Examen tipo test

**BIBLIOGRAFÍA**

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- "Sistemas de almacenamiento en fotografía digital dermatológica". R. Taberner, T. Contestí. Actas Dermosifiliogr. 2010;101(4):307-14.
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## GUÍA DOCENTE

|                                 |  |                |
|---------------------------------|--|----------------|
| Año académico                   | 2023-2024  |                |
| Estudio                         | Máster Internacional en Dermatología Estética (EP14) |                |
| Nombre de la asignatura         | TÉCNICAS DE MODELADO CORPORAL                        |                |
| Carácter (Obligatoria/Optativa) | OB   |                |
| Créditos (1 ECTS=25 horas)      | 3  |                |
| Modalidad (elegir una opción)   |  | Presencial     |
|                                 | x  | Semipresencial |
|                                 |  | On-line        |
|                                 |  | A distancia    |
| Profesor responsable            | Natalia Jiménez Gómez                                |                |
| Idioma en el que se imparte     | Español  |                |

### PROFESORES IMPLICADOS EN LA DOCENCIA

- Izaskun Astoreca
- Raquel Moreno
- Natalia Jiménez
- Virginia Engels

### DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

|  |    |
|--|----|
| Número de horas presenciales/on-line asistencia profesor | 30 |
| Número de horas de trabajo personal del estudiante       | 45 |
| Total horas  | 75 |

### CONTENIDOS (Temario)

#### CORPORAL

- Celulitis
- Grasa localizada
- Papada
- Flacidez
- Estrías y cicatrices
- Mesoterapia corporal

### COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

- Obtener una visión global de los tratamientos más utilizados de los inestetismos más actuales.
- Detectar la formación, anatomía y características del tejido adiposo en la formación de celulitis.
- Trabajar tratamientos no invasivos de la grasa localizada.
- Conocer la técnica de mesoterapia corporal y rejuvenecimiento vaginal.

## EVALUACIÓN

Examen tipo test

## BIBLIOGRAFÍA

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## GUÍA DOCENTE

|                                 |  |                |
|---------------------------------|--|----------------|
| Año académico                   | 2023-2024  |                |
| Estudio                         | Máster Internacional en Dermatología Estética (EP14) |                |
| Nombre de la asignatura         | TRABAJO FIN DE MÁSTER                                |                |
| Carácter (Obligatoria/Optativa) | OB   |                |
| Créditos (1 ECTS=25 horas)      | 20   |                |
| Modalidad (elegir una opción)   |  | Presencial     |
|                                 | x  | Semipresencial |
|                                 |  | On-line        |
|                                 |  | A distancia    |
| Profesor responsable            | Pedro Jaén Olasolo                                   |                |
| Idioma en el que se imparte     | Español  |                |

### PROFESORES IMPLICADOS EN LA DOCENCIA

- Pedro Jaén
- Rosa del Río
- Natalia Jiménez
- Mayte Truchuelo
- Cristina García Millán
- Paula Jaén
- Adrián Alegre
- Carlos Morales
- Manuel Fernández
- Rita Rodrigues
- Elia Roó
- María Marcos
- Salvio Serrano
- Jaime Company
- Bibiana Pérez

### DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

|  |     |
|--|-----|
| Número de horas presenciales/on-line asistencia profesor | 200 |
| Número de horas de trabajo personal del estudiante       | 300 |
| Total horas  | 500 |

### CONTENIDOS (Temario)

Realización de un Trabajo Fin de Máster consistente en una revisión bibliográfica minuciosa de un tema concreto.

**COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)**

- Profundizar en un contenido concreto de los estudiados durante el curso.
- Realizar una revisión bibliográfica o trabajo de investigación sobre el tema asignado, que permita integrar y afianzar los conocimientos en esa materia adquiridos durante el Máster.
- Adquirir pensamiento crítico.

**EVALUACIÓN**

Los criterios de evaluación son:

- El contenido Se ajusta al tema propuesto.
- El contenido está bien escrito gramaticalmente y bien desarrollado.
- En la discusión hace una buena reflexión y desarrollo del tema de forma original.
- Se aporta bibliografía significativa.
- Las conclusiones son personales del alumno.
- Aporta información actualizada.

**BIBLIOGRAFÍA**

Se detallará en función del tema asignado.